



1 Day **Basic Life Support**

This course covers Basic Life Support skills and includes skills for Adult, Child and Infant as well as healthcare variations on infant CPR. The course includes: Safety, precautions, initial assessment, recovery position, CPR, compression only CPR, CPR handover and choking.



FREE places
and Group
discounts....
available



Safety Precautions

Choking

Basic Life Support

Adult CPR

Recovery Position

Infant CPR

BAXTER LIFE TRAINING LTD

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1 Day Basic Life Support

Where and When?

At your venue on a date to suit you or your group or one of our dedicated training centres.

Who should attend?

Anyone over the age of 16 who may need first aid skills.

Course outline

- Choking
- Fears of First Aid
- Safety Precautions
 - CPR

Course Duration

1 Day



Assessment & certification

Certification is dependent on successful continuous assessment of the student, there is no final exam. Those students who complete the course and are deemed to have reached the required standard are issued with a certificate that is valid for one year. Under the current guidelines it is strongly recommended that first aid trained staff attend update refresher courses every twelve months.

Pricing & booking

For competitive prices and booking forms, please visit our website or contact **01253 987644**. Prices are based on individual or groups of up to 12 delegates and include certification, manual and the use of resuscitation aids, bandages and wipes. **FREE places and group discounts available.** Additional courses available to meet all your training needs and requirements.

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